

OBJECTIVE(S)

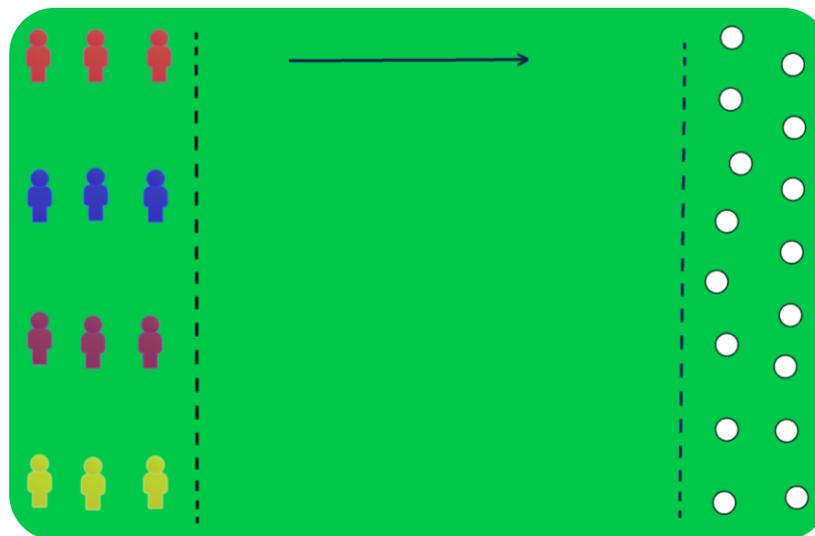
- To work as a team to collect letters from the opposite end of the area to make a word.

THE GAME

- Teams of 4-5 work best.
- One at a time, pupils sprint to the other end of the area to collect a letter.
- When the first pupil returns, the next pupil goes.
- The first team to make a word are the winners.

COACHING POINTS

- Work together as a team.
- Head up and arms pumping when running.
- Arms should pump opposite to your legs.

**FOOTBALL LINKS**

- Teamwork and cooperation.
- Awareness of when to go.
- Change of direction like in transition from attack to defense.

HARDER/EASIER

- For added difficulty, the teacher could set a minimum number of letters for the word.
- Teams can add their points up when they make a word just like in a real game of scrabble.

CURRICULUM LINKS

- Develop control in running, changing speed, stopping and starting.
- Participate in cooperative and competitive play.
- Develop spatial awareness, direction and speed/pacing.
- Literacy: listen and respond in a range of contexts.
- Literacy: give and respond to directions and instructions.

