

1

CELEBRATE IN STYLE



Foundation

OBJECTIVE(S)

- Movement: Pupils explore different ways to move.
- Work together in teams to create and perform dance sequences.

THE GAME

- Warm-up - CD Player. Children move around doing different movements. Coach calls out commands. Play, fast forward, rewind, pause (balance), eject (jump).
- Celebrate in Style - Pupils in small groups and are tasked with coming up with a 10-second group celebration routine for scoring in the sport of their choice. Let them use equipment as props such as bibs and balls.

COACHING POINTS

- Encourage creativity and enthusiasm in movements



FOOTBALL LINKS

- Dance helps develop coordination and spatial awareness needed in football.
- Dance encompasses footwork, power, endurance, agility, and balance - all areas of importance in football.
- Both dance and football require good communication with teammates.

HARDER/EASIER

- Decrease/increase length of celebration.
- Decrease/increase number of children in each group.
- Add music for children to move to.

CURRICULUM LINKS

- Language & Literacy - Listen and respond to stimuli.
- The Arts - respond and move creatively.
- PDMU - working with and showing respect for others and by accepting and respecting differences in physical abilities.

