UEFA Coach development project for women

Technical workshop

11-13 August 2017

## Introduction & project aims

* The Irish Football Association is requesting support in the area of off-field development for women’s football in conjunction with the UEFA Women’s Under 19 Championship Final Tournament. The mission will be delivered by Anna Signeul (UEFA Women’s football and Technical Expert), who will conduct a three-day workshop.
* The participants of this workshop include coaches from NIFL Women’s Premier League, NIWFA Championship and female coaches holding the UEFA B licence. These coaches are the ones having first-hand experience with women’s football at the elite club level as well as some having involvement at international level. These coaches thus have a key role in elite player recruitment, retention and development.
* The aim of the workshop is to equip these coaches with a unique experience of witnessing the best European teams at Under 19 level and working alongside one of the top female coaches in the world.

# Workshop programme:

## Friday, 11 August

17:00- 17:15

* Introduction by the Irish Football Association, Northern Ireland

Gail Redmond, IFA Women’s Domestic Football Manager

* Introduction by UEFA

Anna Signeul, UEFA Women’s Football Expert, UEFA Pro License, Scotland Women’s A National Team Head Coach

17:15 -18:00 – Match Analysis

* Conducting a match analysis
* Analysis tasks - group work

18:00

* Dinner

19:00

* Northern Ireland v Scotland at Mourneview Park, Lurgan

21:00 – 21:15

* Summary of the day and dispersal

## Saturday, 12 August

9:00-9:15

* Information on the programme for the day

09:15 – 10:30

* Match analysis – Group work

11:00 – 12:30

* Visit Northern Ireland training

12:30

* Lunch

13:30 – 14:00

* Training observations

14:00 – 15:00

* Match analysis – Presentations

Break 30’

15:30 – 16:00

* Match analysis – Presentations

16:00 – 16:45

* Summary Match analysis

16:45 – 17:00

* Conclusion of the day and finish

## Sunday, 13 August

9:00-9:15

* Information on the programme for the day

09:15 – 10:30

* Tactical v technical

11:00 – 12:30

* Visit Germany / Scotland training

12:30

* Lunch

13:30 – 14:00

* Training observations

14:00 – 15:00

* Club Philosophy – Style of play

15:30 – 16:45

* EURO 2017 The Netherlands

16:45 – 17:00

* Closure of the workshop