



The Umbro Irish Football Association National Coaching of Coaches Courses



Stranmillis University College,
Stranmillis Road, Belfast

May - June 2011



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Photography by Spike Hill, Irish FA





Message from Jim Shaw, President - Irish Football Association



The Irish Football Association has a long and well recognised tradition for coaching development and the delivery of certified courses.

These courses, ranging from the fundamentals through to UEFA Licences have not only provided the IFA with excellent coaching capabilities but have been recognised outside of Northern Ireland by the large numbers who annually register on the IFA courses from Great Britain and North America, in particular.

On behalf of the IFA I welcome all those who avail of our coaching courses and trust that they provide you with an enjoyable learning experience and the certification you desire.

Message from Patrick Nelson, Chief Executive - Irish Football Association



Football is something which all of us who will be reading this page love. Whether we are players, supporters, coaches, parents or have another connection to the game, it plays a significant part in our lives. Each participant in football is a piece of the huge jigsaw which runs all the way from the first kick of a ball in the back garden, all the way through to the scorer of the winning goal in the World Cup Final. Without coaches, the game would make much less sense and would not have the global impact that it does, which is why coach education is central to our way of thinking as a governing body.

Here at the Irish Football Association, we have a long and proud tradition of developing high quality coaches through our coach education programmes. Our 2010 programme will be no different, and I welcome all current and potential coaches to this brochure. My hope and expectation would be that we can provide something for each of you which enables you to broaden your knowledge of football, and then pass that knowledge on to others.





Message from Desi Curry, Technical Director - Irish Football Association



The Irish Football Association has a long and distinguished history of Coach Education, not only within Northern Ireland, but world-wide.

As the newly appointed Technical Director it is my honour and privilege to endorse our National Coaching week.

I would also take this opportunity to encourage as many aspiring coaches, of all ages, to fully realise their aspirations and become the 'best coach that they can be'.

The IFA has invested heavily in our Coach Education programme and it is my aim to offer a professional programme that not only meets the needs at all levels of football, but also to make your experience of developing the game as enjoyable as possible.

So whether you want to coach at a local boys'/girls' club, or work in a professional league, please don't miss this opportunity to invest in your own future and that of all those who play 'the beautiful game'



Message from Philip Mitchell, Area Manager of Umbro in Northern Ireland



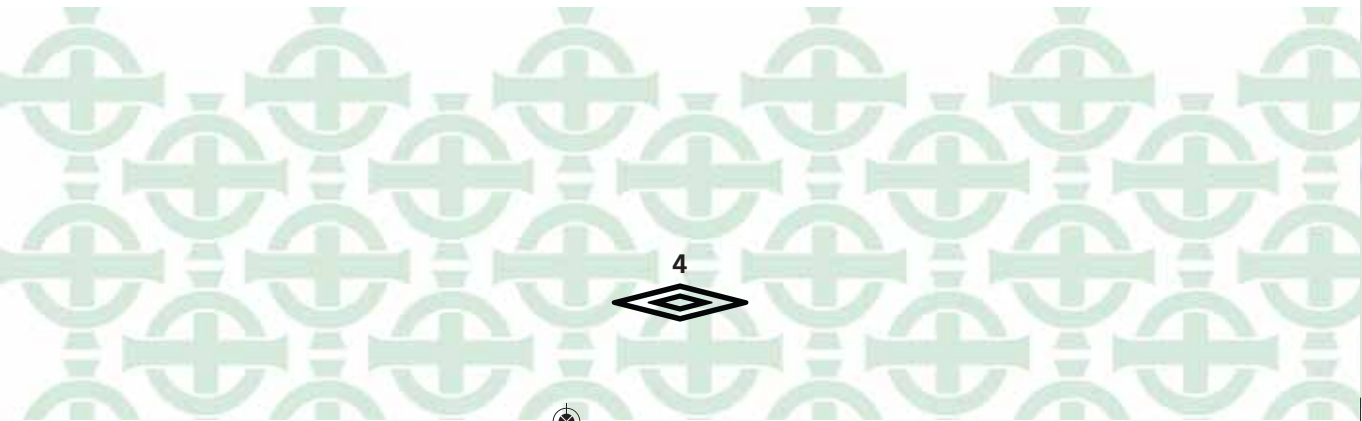
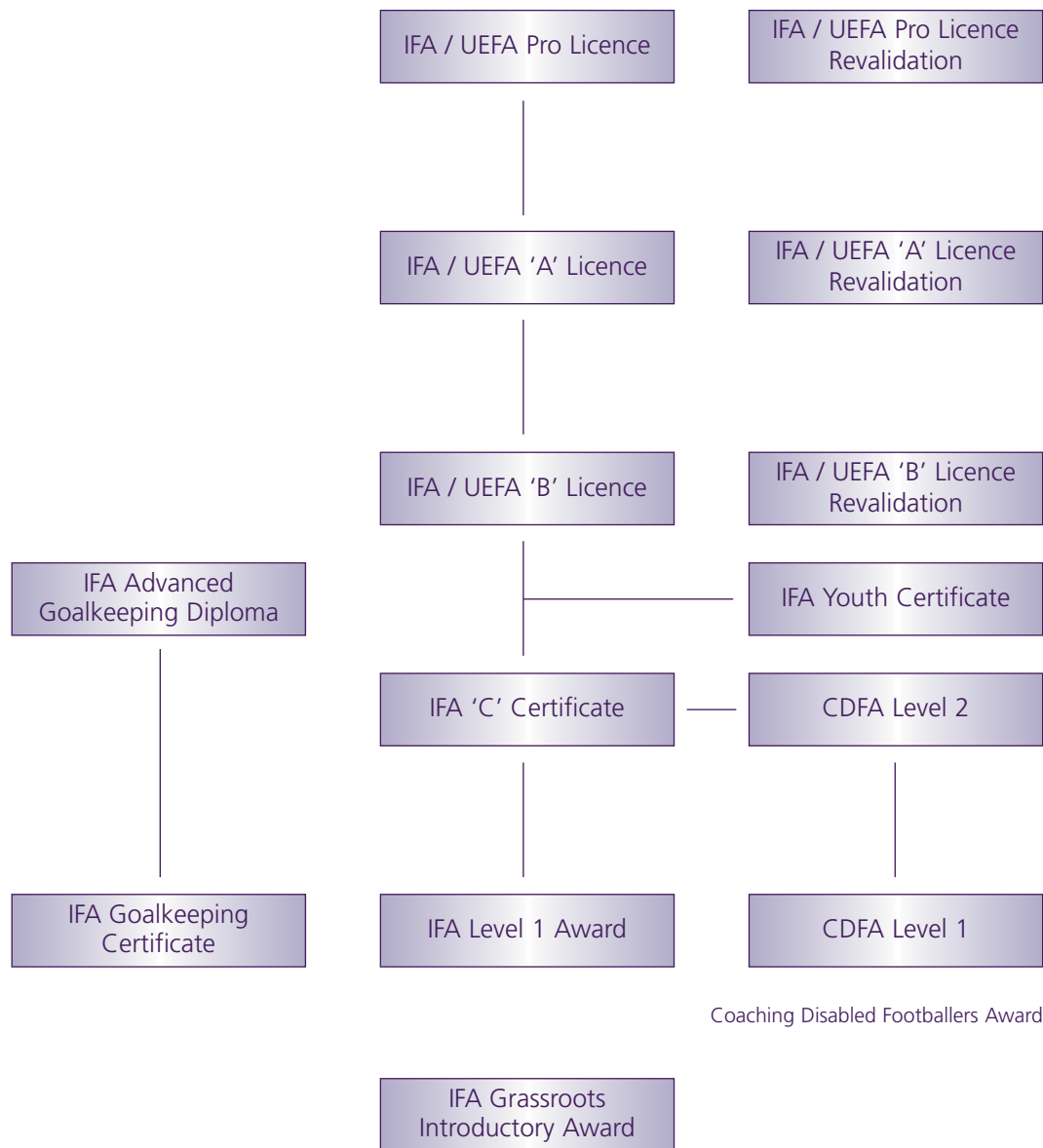
As Area Manager of Umbro in Northern Ireland, I would like to emphasise how delighted Umbro is to extend its relationship with the Irish Football Association by providing sponsorship for the IFA National Coaching of Coaches Courses. The development of well qualified coaches is essential to the progress of the game.

We at Umbro have one love and one passion and that is the game of football – as such in this country we are committed to providing support to the IFA across all sectors of the game and that includes the very successful coach education programme.

I hope that the hundreds of local and foreign participants who attend the courses will have a successful and enjoyable experience.



IFA Coaching Ladder





IFA Grassroots Introductory Award



DATE

Thursday 23rd June 2011 (2pm - 5pm) or
Friday 24th June 2011 (2pm - 5pm)

VENUE

Stranmillis University College, Belfast (Orchard Building)

FEE

£40

This attendance based Award is aimed at volunteers, parents, teachers, and aspiring or existing coaches working in the area of Grassroots Football with children between the ages of 6 and 9. The course is 3 hours in duration, with both theoretical and practical content. Participants who complete the course will be presented with the IFA Fundamentals Award and resource booklet.

Candidates should bring appropriate footwear for indoor lectures and indoor practical sessions. Candidates should also bring writing materials.

Please note that it is not a requirement to complete the IFA Grassroots Introductory Award before undertaking the Level 1 Coaching Award.

To Book: Contact Fiona Adair - fadair@irishfa.com or 028 9068 4710

IFA Level 1 Coaching Award

DATE

Monday 20th June to Wednesday 22nd June 2011 (9.30am - 6.30pm)

VENUE

Queens Playing Fields, Belfast (Dub Pavilion, Upper Malone Road)

FEE

£300 (This includes a buffet lunch and tea and coffee)

COURSE ENTRANCE REQUIREMENTS

Anyone over 16 years of age may apply.

COURSE OUTLINE

This IFA Level 1 Award has now replaced the Junior Team Managers (JTM) Award, and qualifies you to coach children and young people (9-12) under the supervision of a more qualified coach.

A Level 1 Coaching Award candidate must complete 24 guided learning hours with a tutor – this includes a certified Irish FA Child Protection course and an Irish FA Basic First-Aid for Football course.

In addition to the above, each candidate must complete his / her log sheet with six hours coaching experience at their local club/school or youth group.

Candidates should bring appropriate footwear for indoor lectures and outdoor practical sessions on grass. Candidates should also bring writing materials.

To Book: Contact Fiona Adair - fadair@irishfa.com or 028 9068 4710





IFA Level 1 Coaching Disabled Footballers Award

DATE

Thursday 2nd June 2011 (9.30am - 1.30pm)

COURSE LENGTH

4 Hours

COURSE TIMES

9.30am - 1.30pm

VENUE

Stranmillis University College, Belfast (Orchard Building)

FEE

£30

INFORMATION

This coaching award is attendance based and will consist of theoretical and practical sessions. The award is at an introductory level and is designed to provide coaches with information and practical examples of how best to coach players with disabilities. There is no pre-requisite for this course although it is designed for coaches, teachers and volunteers already working or intending to work with disabled footballers.

The disabled groups in focus are learning disability, physical disabilities, visual and hearing impairments. Course content includes safety considerations, communication, session planning, adapting sessions and a practical working with players with disability.

The course is four hours in duration. Participants receive a certificate and coaching resources on completion.

Candidates should bring appropriate clothing and footwear for an indoor practical session. Candidates should also bring writing material.

Candidates should be over 16 years of age.



IFA Level 2 Coaching Disabled Footballers Award

DATE

Friday 10th June 2011 and Saturday 11th June 2011

COURSE LENGTH

15 hours tuition time & 10 hours recorded coaching

COURSE TIMES

9.30am - 8.30pm Friday 10th June 2011

9.30am - 4.30pm Saturday 11th June 2011

VENUE

Stranmillis University College, Belfast (Orchard Building)

FEE

£100 (including lunch and dinner on 10th June and lunch on 11th June)

INFORMATION

This course is a mixture of theoretical modules and practical sessions where candidates will gain experience working with elite players from the various disability classifications.

The course looks at adapting coaching techniques when working with players with a learning disability, physical disability or sensory impairment. There is also a module on the benefits of fundamental and movement skill training for the various disability groups.

This is a detailed course that also takes into consideration the playing, competitive and representative opportunities for players with various impairments and how rules are adapted for the benefit of the games in each disability group.

The course is 15 hours in length; however, participants will be required to work for an additional ten hours with disabled players upon completion of the course. A log book of session plans, considerations and evaluation will have to be submitted and assessed before certification. Guidance for completion of this part of the course will be given by course tutors. Participants receive a certificate and coaching resources on completion.

Candidates should bring appropriate clothing and footwear for an indoor and outdoor practical sessions. Candidates should also bring writing material.



IFA Goalkeeping Certificate Course

DATE

Monday 20th June 2011

VENUE

Queen's Playing Fields, Upper Malone, Belfast

FEE

£40

COACH

Contact Mary Wilmont - mwilmont@irishfa.com or 028 9068 4722

COURSE OUTLINE

This is ideal preparation for those goalkeeping coaches who wish to take their Advanced Goalkeeping Diploma. The focus of this course is primarily technique.

This is a 3 hour course commencing at 6.30pm

IFA Advanced Goalkeeping Diploma

DATE

Tuesday 21st June 2011 – Friday 24th June 2011 (9.30am - 5.00pm)

VENUE

Stranmillis University College, Belfast

FEE

Residential - £700

Non-Residential - £575

The above prices includes Umbro sportswear consisting of Rain-top, tracksuit, 2 polo shirts, 2 T-shirts, 2 pairs shorts and 2 pairs socks

It is the responsibility of the candidate to order the correct sizes

COURSE ENTRANCE REQUIREMENTS

IFA Goalkeeping Certificate or equivalent from another Association.





COURSE OUTLINE

The course will focus on:

- coaching individual techniques and understanding the role of the goalkeeper within the team.
- Planning and preparing coaching sessions taking into account the goalkeeper's specific needs.

PRACTICAL ASSESSMENT

A total of **THREE practical assessments** will be taken as follows:

- The **TWO** during the period of the residential week will be a 'Functional Practice' and a 'Phase of Play'
- The **remaining one** will be carried out on a suitable date after the **Coaching Log Book** has been completed and submitted.

COACHING LOG BOOK

A minimum of 20 hours of coaching goalkeeper sessions must be recorded and submitted. The Log Book is a record of how the coach planned, conducted and evaluated the sessions. It should display evidence of understanding the principles of goalkeeping within individual and team practices.

The candidate must achieve a Pass Standard in the three practical assessments.

If the candidate fails to meet the required standard in the assessments, the candidate will be permitted a maximum of two further re-assessments. There will be a charge for re-assessment.

Candidates have a maximum of two years from commencement of the Course to successfully complete the course requirements.

Candidates should bring appropriate footwear for indoor lectures and outdoor practical sessions on grass. Candidates are advised to bring some additional clothing to supplement their Umbro course kit as the weather can be unpredictable. Candidates should also bring writing materials.





UEFA 'B' Licence (Part 1) (Leading to IFA 'C' Certificate)

DATE

Saturday 11th June 2011 – Friday 17th June 2011

VENUE

Stranmillis University College, Belfast

FEE

Residential - £1,100

Non-Residential - £900

The above prices includes Umbro sportswear consisting of Rain-top, tracksuit, 2 polo shirts, 2 T-shirts, 2 pairs shorts and 2 pairs socks

It is the responsibility of the candidate to order the correct sizes

The UEFA 'B' Licence is divided into **TWO PARTS**. All candidates who successfully participate on Part 1 will receive an IFA 'C' Certificate at the end, but only these candidates who satisfy the course assessment criteria, outlined below, will be allowed to progress onto Part 2 of the UEFA 'B' Licence.

COURSE ENTRANCE REQUIREMENTS

Candidates should have experience of working with young players or schoolchildren. It is essential to have attended an IFA Level 1 Award. Please enclose a copy of your Level 1 Certificate with your application form.

*American candidates **MUST** hold as a minimum entrance requirement an NSCAA National or Advanced National Award.

COURSE OUTLINE

Practical Assessment: 3 assessments during the week. Minimum standard to reach in assessments in order to progress to UEFA 'B' Licence Part 2:

**2 Passes, one of which must be the final assessment
on a 4v4 session**

If the candidate fails to meet the required practical standard on the 4v4 assessment, he/she will be permitted to have a maximum of **two further re-assessments** on a 4v4 topic.

Candidates will be charged for re-assessment.

Theory Assessment: Pass Mark - Laws of the Game 80%

The Governing Body must also be satisfied that the candidate has fulfilled the required minimum of 90 NGLHS (Notional Guided Learning Hours).

Evidence of this will be displayed by -

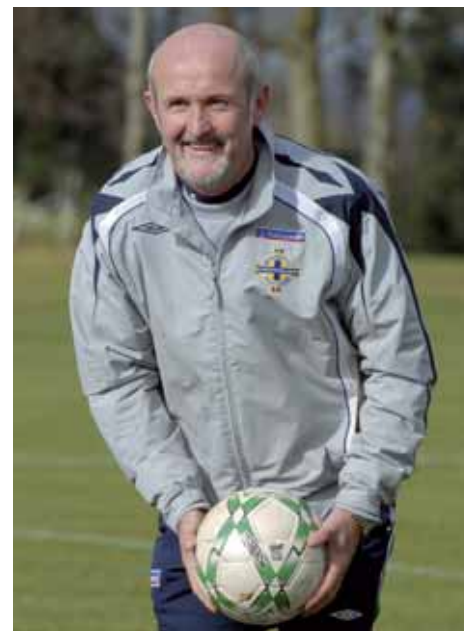
- Maintenance of session plans (20 hours of session plans must be submitted).
- Courses attended, e.g. First Aid, Coaching NI Courses, etc.
- Accessing other learning materials, e.g. On Line Learning.
- This Course includes the Association's **Coaching Disabled Footballers Award (Level 1)**.

All candidates who successfully complete the Course will receive an IFA 'C' Certificate. Candidates have a maximum of 2 years to successfully complete all course requirements from the date they commence the course.

Candidates must attend all sessions during the Residential Week. Sessions are timetabled from 9.00am to 9.00pm each day except Saturday when the course commences at 10.00am and Friday when the course will finish by 5.00pm.

Candidates should bring appropriate footwear for indoor lectures and outdoor practical sessions on grass. Candidates are advised to bring some additional clothing to supplement their Umbro course kit as the weather can be unpredictable. Candidates should also bring writing materials.

THE FOCUS OF THIS COURSE IS PREPARING PLAYERS AND TEAMS UP TO U16 LEVEL.





UEFA 'B' Licence (Part 2)

DATE

Saturday 4th June 2011 – Friday 10th June 2011

VENUE

Stranmillis University College, Belfast

FEE

Residential - £1100
Non-Residential - £900

The above prices includes Umbro sportswear consisting of Rain-top, tracksuit, 2 polo shirts, 2 T-shirts, 2 pairs shorts and 2 pairs socks

It is the responsibility of the candidate to order the correct sizes

COURSE ENTRANCE REQUIREMENTS

Successful completion of 'B' Licence Part 1. Please enclose a copy of your IFA 'C' Certificate with your application form.

*American candidates **MUST** hold as a minimum entrance requirement an NSCAA National or Advanced National Award.

COURSE OUTLINE

Practical Assessment: A total of **THREE practical assessments** will be taken as follows –

- The **two** during the period of the Residential Week will be a Functional Practice, either defensive or attacking, and 9v9.
- The **remaining one** will be carried out over a 12 month period.

On

- a) 9v9 game on 'Principles of Play'
- b) Functional Practice
- c) Phase of play

The candidate must achieve a Pass Standard in the three practical assessments.

If the candidate fails to meet the required practical standards he/she will be permitted to have a maximum of **two further re-assessments**.

Candidates have a maximum of 2 years to successfully complete all course requirements from the date they commence the course.





Candidates will be charged for re-assessment.

The Governing Body must also be satisfied that the candidate has fulfilled the required minimum of 120 NGLHS (Notional Guided Learning Hours).

Evidence of this will be displayed by -

- Maintenance of session plans (24 hours of session plans must be submitted).
- Courses attended, e.g. IFA Seminars, Coaching NI Courses, etc.
- Accessing other learning materials, e.g. On Line Learning.
- A "Critical" review of part or full session highlighting where action was taken and endorsed by appropriate session plans..

Theory Assessment: Pass Mark - Theory of Coaching 60%

**ON ATTAINING THE ABOVE CRITERIA
THE CANDIDATE WILL RECEIVE AN IFA/UEFA 'B' LICENCE**

Candidates must attend all sessions during the Residential Week. Sessions are timetabled from 9.00am to 9.00pm each day except Saturday when the course commences at 10.00am and Friday when the course will finish by 5.00pm.

Candidates should bring appropriate footwear for indoor lectures and outdoor practical sessions on grass. Candidates are advised to bring some additional clothing to supplement their Umbro course kit as the weather can be unpredictable. Candidates should also bring writing materials.

A minimum of one year should have elapsed between successful completion of the 'B' Licence and enrolment on to the 'A' Licence.

THE FOCUS OF THIS COURSE IS ON PREPARING PLAYERS AND TEAMS FOR YOUTH, AMATEUR AND ADULT LEAGUE TEAMS BELOW SENIOR LEVEL.



IFA Youth Certificate

DATE

Saturday 18th June 2011 – Monday 20th June 2011

VENUE

Stranmillis University College, Belfast

FEE

Residential - £500

Non-Residential - £400

The above prices includes Umbro sportswear consisting of Rain-top, tracksuit, 2 polo shirts, 2 T-shirts, 2 pairs shorts and 2 pairs socks

It is the responsibility of the candidate to order the correct sizes

COURSE ENTRANCE REQUIREMENTS

The minimum entrance requirement is possession of an IFA 'C' Certificate. Please enclose a copy of your IFA 'C' Certificate with your application form.

COURSE OUTLINE

The course is specifically designed to meet the needs of coaches working with youth players ages 12 to 16.

The practical content of the course will include warm ups, age related training, techniques/skills sessions, functional practices, coaching themes in 7v7 and 11v11 games.

The theory content of the course will include Long Term Player Development, good practice for youth coaches, dealing with parents, physiological demands of the game for youth players, talent identification process, psychology of development and learning.

PRACTICAL ASSESSMENT

A total of **TWO practical assessments** will be taken as follows –

- During the National Coaching Week course candidates will be assessed coaching in a 7v7 game. This will be a 15 minute assessment.
- The second practical assessment will take place on an agreed date and will be a 30 minute assessment on an aspect of team play.

THEORY ASSESSMENT

Candidates will be expected to submit a short presentation on a specified topic.

LOG BOOK

Candidates will be required to submit a Log Book of their coaching sessions.

Candidates MUST pass both practical coaching sessions in order to qualify for this award. Candidates will be allowed the maximum of ONE re-assessment in each of the two practical topics, but will be charged for re-assessments.

Candidates MUST attend all sessions during the National Coaching Week course. Sessions are timetabled from 9.30am to 9.00pm each day except Monday when the course will finish by 5.00pm.

Candidates should bring appropriate footwear for indoor lectures and outdoor practical sessions on grass. Candidates are advised to bring some additional clothing to supplement their Umbro course kit as the weather can be unpredictable. Candidates should also bring writing materials.





UEFA 'A' Licence (Part 1)

DATE

Saturday 28th May 2011 – Friday 3rd June 2011

VENUE

Stranmillis University College, Belfast

FEE

For Candidates outside Northern Ireland

Residential - £1,700

(Extra cost includes final assessment in your country)

North and South American candidates, in addition to their course fee, are responsible for paying the cost of all internal arrangements relating to their final assesment (e.g. travel), except the examining tutor's personal fee.

For residents of Northern Ireland

Residential - £1,350

Non-Residential £1,000

The above prices includes Umbro sportswear consisting of Rain-top, tracksuit, 2 polo shirts, 2 T-shirts, 2 pairs shorts and 2 pairs socks

It is the responsibility of the candidate to order the correct sizes

COURSE ENTRANCE REQUIREMENTS

UEFA 'B' Licence. Please enclose a copy of your UEFA 'B' Licence Certificate and a brief CV with your application form.

A minimum of one year should have elapsed between successful completion of the 'B' Licence and enrolment for the 'A' Licence.

(Non-European candidates must hold a UEFA 'B' Licence as a minimum requirement for acceptance into the UEFA 'A' Licence.

COURSE OUTLINE

The UEFA 'A' Licence is an advanced Coaching Award and is divided into two annual parts.

Part 1 of the Course will be conducted between 29th May - 4th June 2010 and Part 2 will take place one year later in June 2011.

Part 1 will include practical and theoretical aspects.

ASSESSMENT

- **Practical Coaching** - Candidates will have one practical coaching assessment during the Residential Week. This will be a 'Functional Practice to Phase of Play'.

Candidates will be also be assessed at their clubs during the subsequent months prior to Part 2 of the course. They will have 2 practical coaching assesments, one of which will be an 11v11 session in which the candidate MUST attain a pass standard. The other will be an assesment on a 'Phase of Play'. It is the responsibility of the candidate to organise the venue and the players for their club assesment.

- **Theory** - Candidates are required to submit answers to a Theory Question Paper.



In order to progress to Part 2 for completion of the UEFA 'A' Licence, the candidate must pass **two** practical coaching assessments, one of which **MUST** be the 11v11 session, and attain a minimum mark of 65% in the theory paper.

Candidates are permitted up to a maximum of five assessments within a two year period from commencement of the course in order to achieve the required standard for progress to Part 2. Candidates will be charged if they require a fourth or fifth assessment.

The focus of this course is on preparing players and teams for professional and semi-professional Leagues or top amateur Leagues.

Course content, tasks and assessments are based upon the following competencies:

- Football knowledge
- Management
- Use of technology
- Psychology
- Personal presentation and media skills

Candidates must attend all sessions during the Residential Week. Sessions are timetabled from 9.00am to 9.00pm each day except Saturday when the course commences at 10.00am and Friday when the course will finish by 5.00pm

Candidates should bring appropriate footwear for indoor lectures and outdoor practical sessions on grass. Candidates are advised to bring some additional clothing to supplement their Umbro course kit as the weather can be unpredictable. Candidates should also bring writing materials.



UEFA 'A' Licence (Part 1)

DATE

Saturday 11th June 2011 – Friday 17th June 2011

VENUE

Stranmillis University College, Belfast

FEE

For Candidates outside Northern Ireland

Residential - £1,700

(Extra cost includes final assessment in your country)

North and South American candidates, in addition to their course fee, are responsible for paying the cost of all internal arrangements relating to their final assesment (e.g. travel), except the examining tutor's personal fee.

For residents of Northern Ireland

Residential - £1,350

Non-Residential £1,000

The above prices includes Umbro sportswear consisting of Rain-top, tracksuit, 2 polo shirts, 2 T-shirts, 2 pairs shorts and 2 pairs socks

It is the responsibility of the candidate to order the correct sizes

COURSE ENTRANCE REQUIREMENTS

UEFA 'B' Licence. Please enclose a copy of your UEFA 'B' Licence Certificate and a brief CV with your application form.

A minimum of one year should have elapsed between successful completion of the 'B' Licence and enrolment for the 'A' Licence.

*American candidates **MUST** hold the NSCAA Premier Award.

COURSE OUTLINE

The UEFA 'A' Licence is an advanced Coaching Award and is divided into two annual parts.

Part 1 of the Course will be conducted between 13th June - 19th June 2009 and Part 2 will take place one year later in June 2010.

Part 1 will include practical and theoretical aspects.

ASSESSMENT

- **Practical Coaching** - Candidates will have one practical coaching assessment during the Residential Week. This will be a 'Functional Practice to Phase of Play'.

Candidates will be also be assessed at their clubs during the subsequent months prior to Part 2 of the course. They will have 2 practical coaching assesments, one of which will be an 11v11 session in which the candidate MUST attain a pass standard. The other will be an assessment on a 'Phase of Play'. It is the responsibility of the candidate to organise the venue and the players for their club assessment.

- **Theory** - Candidates are required to submit answers to a Theory Question Paper. In order to progress to Part 2 for completion of the UEFA 'A' Licence, the candidate must attain a pass in the written theory examination and pass **two** practical coaching

assessments, one of which **MUST** be the 11v11 session and attain a minimum mark of 65% in the theory paper.

Candidates are permitted up to a maximum of five assessments within a two year period from commencement of the course in order to achieve the required standard for progress to Part 2. Candidates will be charged if they require a fourth or fifth assessment.

The focus of this course is on preparing players and teams for professional and semi-professional Leagues or top amateur Leagues.

Course content, tasks and assessments are based upon the following competencies:

- Football knowledge
- Management
- Use of technology
- Psychology
- Personal presentation and media skills

Candidates must attend all sessions during the Residential Week. Sessions are timetabled from 9.00am to 9.00pm each day except Saturday when the course commences at 10.00am and Friday when the course will finish by 5.00pm

Candidates should bring appropriate footwear for indoor lectures and outdoor practical sessions on grass. Candidates are advised to bring some additional clothing to supplement their Umbro course kit as the weather can be unpredictable. Candidates should also bring writing materials.



UEFA 'A' Licence (Part 2)

DATE

Monday 13th June 2011 – Friday 17th June 2011

VENUE

Stranmillis University College, Belfast

FEE

Residential - £1,200

Non-Residential - £950

The above prices includes Umbro sportswear consisting of Rain-top, tracksuit, 2 polo shirts, 2 T-shirts, 2 pairs shorts and 2 pairs socks

It is the responsibility of the candidate to order the correct sizes

COURSE ENTRANCE REQUIREMENTS

Successful completion of the UEFA 'A' Licence (Part 1)

COURSE OUTLINE

The UEFA 'A' Licence is an advanced coaching Award divided into two annual parts. Part 2 consists of a Residential Week during which there are theoretical and practical sessions. Topics covered include fitness and conditioning; planning; media; motivation; sport psychology; game analysis, etc. Top European National and Club coaches will conduct both practical and discussion sessions.

The focus of this course is on preparing players and teams for professional and semi-professional Leagues or top amateur Leagues.

Candidates **MUST** attend all sessions during the Residential Week. Sessions are timetabled from 9.00am to 9.00pm each day, except Friday when the course will finish mid afternoon.

As for Part 1 of the A Licence, the course is structured around the following competencies:

- Football knowledge
- Management
- Use of technology
- Psychology
- Personal presentation and media skills

Candidates should bring appropriate footwear for indoor lectures and outdoor practical sessions on grass. Candidates are advised to bring some additional clothing to supplement their Umbro course kit as the weather can be unpredictable. Candidates should also bring writing materials.



UEFA Pro Licence

DATE

Monday 6th June – Friday 10th June 2011

VENUE

Stranmillis University College, Belfast

FEE

£4,500 (this fee covers two residential courses)

Candidates will incur additional costs for travel/accommodation and for other elements of the course, e.g. club visits, match tickets, etc.

Candidates will receive Umbro sportswear consisting of Rain-top, tracksuit, 2 polo shirts, 2 T-shirts, 2 pair shorts and 2 pair socks.

It is the responsibility of the candidate to order correct sizes.

COURSE ENTRANCE REQUIREMENTS

This UEFA Pro Licence course is designed for coaches who work at the highest level in their National League.

The minimum qualification required is the UEFA 'A' Licence.

As this course is by invitation, prospective candidates should send a letter stating their desire to be considered along with a detailed CV (to include qualifications, playing and coaching experience, and reason(s) for wishing to obtain the UEFA Pro Licence).

COURSE OUTLINE

This is a competency based course designed around the following five areas of competency -

- Football knowledge
- Management
- Use of technology
- Psychology
- Personal presentation and media skills

Candidates will be assessed on a range of exercises/tasks related to these areas of competency, e.g. plan of pre-season training and periodisation of the season; presentation of a match report; use of match analysis software to create a DVD presentation on a tactical theme from an observed game; a psychology based player intervention (c.3000 word submission); submission of a 6000 word thesis on an agreed topic relating to trends/structures in the modern game.

The focus of the Pro Licence course is on preparing players and teams for top professional leagues, European club competitions and International teams.

Please submit your personal details and CV to –
Nigel Best, IFA Performance Manager, Unit B, Adelaide Business Centre, Apollo Road, Belfast
BT12 6HP Email: nbest@irishfa.com



UEFA Licences revalidation

(IFA Continuous Professional Development Programme)

UEFA Guidelines

"The validity of coaching licences is limited in time. The renewal of a licence depends on the number of hours of further education completed within a stipulated timeframe. The minimum requirement is 15 hours within three years"

The IFA is offering a number of CPD courses for coaches wishing to re-validate their UEFA 'B', 'A' and 'Pro' Licence awards.

CPD UEFA 'B' Licence

DATE

Saturday 18th June 2011 - Sunday 19th June 2011

VENUE

Stranmillis University College, Belfast

FEE

Residential - £220 Non-Residential - £180

Sessions are timetabled from 10am to 8.30pm on Saturday and 10am to 4.30pm on Sunday. The focus of the course is on visual awareness.

CPD UEFA 'A' Licence

DATE

Monday 20th June 2011 - Tuesday 21st June 2011

VENUE

Stranmillis University College, Belfast

FEE

Residential - £220 Non-Residential - £180

Sessions are timetabled from 10am to 8.30pm on Monday and 10am to 4.30pm on Tuesday. The focus of the course is on mental overload practices.

CPD UEFA 'Pro' Licence

DATE

Wednesday 22nd June 2011 - Thursday 23rd June 2011

VENUE

Stranmillis University College, Belfast

FEE

Residential - £280 Non-Residential - £240

Sessions are timetabled from 10am to 8.30pm on Wednesday and 10am to 4.30pm on Thursday. The focus of the course is on speed/conditioning for players in the modern game.





Other Courses

For updated information on any further coach education courses being developed by the Irish FA in the current year, please check the IFA website: www.irishfa.com or contact:

IFA LEVEL 1 & GRASSROOTS INTRODUCTORY AWARD

Fiona Adair
IFA Coaching Department
Tel: 028 9068 4710
Email: fadair@irishfa.com

IFA GOALKEEPING COURSES, IFA 'C' CERTIFICATE, IFA YOUTH CERTIFICATE, IFA/UEFA 'B' AND 'A' LICENCES, UEFA LICENCES REVALIDATION COURSES AND IFA/UEFA PRO LICENCE

Mary Wilmont
IFA Coaching Department
Tel: 028 9068 4722
Email: mwilmont@irishfa.com



Useful Information

RESIDENTIALS

Accommodation and meals are based at Stranmillis University College, Stranmillis Road, Belfast. (Tel: 028 9038 4281). Single room, breakfast, lunch and evening meal. Please note that you will be charged for any loss of keys, towels, etc. from your room.

NON-RESIDENTIALS

Lunch and evening meals will be served at Stranmillis University College.

PRACTICAL WORK

All practical work will be carried out at Queens Playing Fields, Upper Malone, Belfast.

THEORETICAL WORK

All lectures, etc. will be carried out at Stranmillis University College.

LOCATION

Stranmillis University College is close to the centre of Belfast. For those participants travelling to the Courses from outside of Northern Ireland, Stranmillis is approximately 15 minutes by taxi from the George Best City Airport in Belfast and approximately 45 minutes from the Belfast International Airport.

MEDICAL INFORMATION/PHYSICAL REQUIREMENTS

Candidates must inform IFA staff if they are suffering from any medical condition or injury which could impact upon their ability to participate actively in practical sessions. Candidates who are on a regular course of medication for any condition, should ensure that they bring enough to last the duration of the course.

As many of the courses are physically demanding candidates should be prepared to actively participate in practical sessions by ensuring suitable fitness levels.

INSURANCE

The completion of IFA coaching courses does **NOT** include insurance cover and all coaches are **STRONGLY ADVISED** to investigate options for their own personal insurance cover while involved in coaching.

RE-VALIDATION OF UEFA COACHING LICENCES (FURTHER EDUCATION)

The validity of coaching licences is limited in time. The renewal of a licence (UEFA 'B', 'A' and 'Pro') depends on the number of hours of further education completed within a stipulated time frame. UEFA states that the minimum is 15 hours within three years.



Staff

DESI CURRY

IFA Technical Director
UEFA Pro Licence
Manager U16 International Team

Nigel BEST

Performance Manager
UEFA Pro Licence
Staff Coach UEFA A Licence and Pro Licence courses. Former Irish League Manager and Youth International Coach.

Kieran HARDING

Portadown FC Coach
UEFA Pro Licence
Staff Coach UEFA A Licence

Alan WALKER

UEFA 'A' Licence
Staff Coach UEFA A Licence
Former professional player in English League.

Paul KEE

IFA Performance Coach and U17 International Manager
UEFA Pro Licence
Staff Coach UEFA A Licence and IFA Youth Certificate. Former professional player in English League, NI Youth International and Irish League Manager.

Billy MCKINLEY

Fulham FC Coach
UEFA Pro Licence
Staff Coach UEFA A Licence
Former Scottish International and Premier League player.

Ronnie McQUILLAN

UEFA Pro Licence
Staff Coach UEFA A Licence
Former Irish League Manager and Youth International Coach

Alfie WYLIE

Womens International Manager and Coach at Linfield FC
UEFA Pro Licence
Staff Coach UEFA B Licence

Walter BLEAKLEY

Senior Lecturer at University of Ulster
UEFA 'A' Licence
Staff Coach UEFA B Licence
Former Irish League player.

Ray ALEXANDER

IFA Performance Coach and U15 International Coach
UEFA Pro Licence.
Staff Coach UEFA B Licence
Former Irish League coach

Pascal VAUDEQUIN

IFA Performance Coach and U17 International Coach
UEFA Pro Licence
Staff Coach UEFA B Licence and IFA Youth Certificate
Former Irish League Manager and Professional French and Irish League player.

Christophe MOULIN

IFA Performance Coach
UEFA Pro Licence
Staff Coach UEFA 'B' Licence and IFA Youth Certificate. Former U19 International Coach and Club Academy Manager in Switzerland.

Steven MILLAR

IFA Performance Coach
U15 International Coach
UEFA Pro Licence
Staff Coach UEFA 'B' Licence and IFA Youth Certificate. Former Staff Coach at University College (USA)

Stephen ROBINSON

IFA Performance Coach
Under 19 International
UEFA Pro Licence
Staff Coach UEFA 'B' Licence and IFA Youth Certificate. Former NI International and Professional English League player.

David CAMPBELL

Former Professional player in English League Player and Northern Ireland International.

Lee CARROLL

Head of IFA Grassroots Football
UEFA A Licence
Staff Coach IFA Fundamentals Award and IFA Level 1 Award.

Ian STEWART

IFA Grassroots Development Manager
UEFA 'A' Licence
Staff Coach IFA Fundamentals Award and IFA Level 1 Award.
Former NI International and professional English League player.

Trevor ERSKINE

IFA Grassroots Development Manager
UEFA 'A' Licence.
Staff Coach IFA Fundamentals Award and IFA Level 1 Award.
Former Irish League player.

Alan SNODDY

IFA Referee's Development Officer.
Former FIFA, UEFA and Irish League Referee.

Jim GRATAN

IFA Child Welfare Manager
UEFA A Licence
Former professional English and French League player

Alan CROOKS

IFA Disability Football
UEFA A Licence

Mal DONAGHY

IFA Disability Football
UEFA A Licence
Former NI International and Professional English League Player

Guest Specialist Lecturers/Coaches

Craig BROWN

Former Scotland International Manager and former Technical Director - SFA

Eric BLACK

Sunderland FC Coach
UEFA Pro Licence

Steve KEAN

Blackburn Rovers Manager
UEFA Pro Licence

Watt NICOLL

International Motivational Coach

Prof Mark WILLIAMS

Professor of Motor Behaviour
Research Institute for Sports & Exercise Sciences.
Liverpool John Moores University and Sydney University.

Steve ROUND

Assistant Manager Everton
UEFA Pro Licence

Dr John KREMER

Reader in Applied Psychology at Queen's University Belfast and actively involved in sport and exercise psychology as a practitioner, researcher and teacher. Publications include "Pure Sport - Practical Sport Psychology".

Faye DOWNEY

Oracle Elite Performance Management Ltd
Delivers and manages Sports Science programmes for top National and International sports men and women.

Kevin MCGRESKIN

Soccer EyeQ. Development in vision and awareness and strategies for mental overhead training.

John MURTOUGH

Everton FC
Head of Performance
UEFA A Licence

Dr Philip GLASGOW

Senior Physiotherapist - Sports Institute Northern Ireland

Dr Chris BLEAKLEY

Physiotherapist - Sports Institute Northern Ireland

Billy DIXON

Personal Development Consultant.

Mark ROBSON

Sky TV Sports Presenter.

Gerry ARMSTRONG

Sky TV Sports Presenter.
Former NI International and professional English and Spanish League player.





Application Form (please use one form per application)

Please Note: Any Application received without correct fee (in sterling) will be returned to sender.

FULL NAME

(Mr/Mrs/Miss)

ADDRESS

POSTCODE

DATE OF BIRTH

TELEPHONE NO:

(Business)

(Home)

(Mobile)

(Email)

OCCUPATION

CLUB / SCHOOL / ORGANISATION

NAME OF COURSE YOU WISH TO ATTEND

RESIDENTIAL

NON-RESIDENTIAL

(UEFA 'A' Licence applicants must attach a brief CV)

SPORTSWEAR

Coaches enrolling on the following courses:

UEFA, 'A', and 'B' Licences, IFA 'C' Certificate, IFA Youth Certificate and IFA Advanced Goalkeeping Diploma should indicate their clothing size.

Please indicate in the box S, M, L, XL, XXL

Note: The sports manufacturer is **Umbro**.

AMOUNT OF FEE ENCLOSED

£

If you require an extra overnight stay please state the date(s) you need and add the extra charge of £40 per night (inclusive of breakfast) to your fee.

DATE(S) OF EXTRA NIGHT(S)

CARD DETAILS:

Type of Card

Card No.

Starting Date

M

M

Y

Y

Expiry Date

M

M

Y

Y

Security Code

Issue No.

ALL COURSE FEES MUST BE PAID PRIOR TO START OF COURSE.



PLEASE ATTACH 2 PASSPORT-SIZED PHOTOGRAPHS TO THIS APPLICATION FORM WITH NAME CLEARLY PRINTED ON REVERSE.

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Please turn page >>>>



Application Form (continued)

COACHING QUALIFICATIONS

Please indicate any experience you may have or awards you hold in the activity you have applied for, including dates.

AWARDS

DATES

VENUES

(attach a sheet if you wish to extend the information required above)

THE IRISH FA RESERVES THE RIGHT TO -

- (1) Cancel a course if the number of delegates enrolled has not reached the minimum requirement. A complete refund of fee will be given, or where possible an alternative course offered.
- (2) Request any delegate to withdraw from a course.

UNDERTAKINGS

I understand that -

- (1) NO REFUND OF FEE CAN BE MADE AFTER FRIDAY Friday 13th May 2011
- (2) The signing of this form signifies willingness to comply with any regulations which the staff may make.
- (3) The Irish FA, its servants, agents and employees are not under any liability whatsoever in respect of loss or damage, however caused, while attending the course.
- (4) It is the responsibility of the candidate to advise IFA staff if he/she is suffering from any medical condition or injury which could impact upon his/her ability to participate actively in practical sessions. The candidate must read the section on Medical Information/Physical Requirements on Page 21 of the brochure.

NOTE

European applicants (from outside Northern Ireland) will be required under UEFA stipulations to make a request for permission from their own National Association to enrol on an IFA UEFA Course. The necessary form will be supplied by the IFA to those applicants required to make such as request.

DATE

SIGNATURE

CHEQUES (IN STERLING) SHOULD BE MADE PAYABLE TO IFA AND RETURNED TO:

MARY WILMONT, IRISH FA COACHING DEPARTMENT,

ADELAIDE BUSINESS CENTRE, 4 APOLLO ROAD, BELFAST BT12 6HP.

TEL: 028 9068 4722 FAX: 028 9066 0416 EMAIL: mwilmont@irishfa.com

ALL APPLICATIONS FOR THE UEFA PRO LICENCE MUST BE RECEIVED BY THURSDAY 10TH MARCH 2011

ALL APPLICATIONS FOR THE UEFA 'A' LICENCE MUST BE RECEIVED BY THURSDAY 17th MARCH 2011

APPLICATIONS FOR ALL OTHER COURSES MUST BE RECEIVED BY FRIDAY 22nd APRIL 2011

Remember to attach a copy of the appropriate coaching certificate which is needed in order to satisfy course entrance requirements.



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FULL NAME

(Mr/Mrs/Miss)

ADDRESS

POSTCODE

DATE OF BIRTH

TELEPHONE NO:

(Business)

(Home)

(Mobile)

(Email)

OCCUPATION

CLUB / SCHOOL / ORGANISATION

NAME OF COURSE YOU WISH TO ATTEND

RESIDENTIAL

NON-RESIDENTIAL

(UEFA 'A' Licence applicants must attach a brief CV)

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CARD DETAILS:

Type of Card

Card No.

Starting Date

M

M

Y

Y

Expiry Date

M

M

Y

Y

Security Code

Issue No.

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Please turn page >>>>



Application Form (continued)

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DATE

SIGNATURE

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APPLICATIONS FOR ALL OTHER COURSES MUST BE RECEIVED BY FRIDAY 22nd APRIL 2011

Remember to attach a copy of the appropriate coaching certificate which is needed in order to satisfy course entrance requirements.





IFA Coaching Database

Have you completed a database form?

If not, please do so as soon as possible and return to:

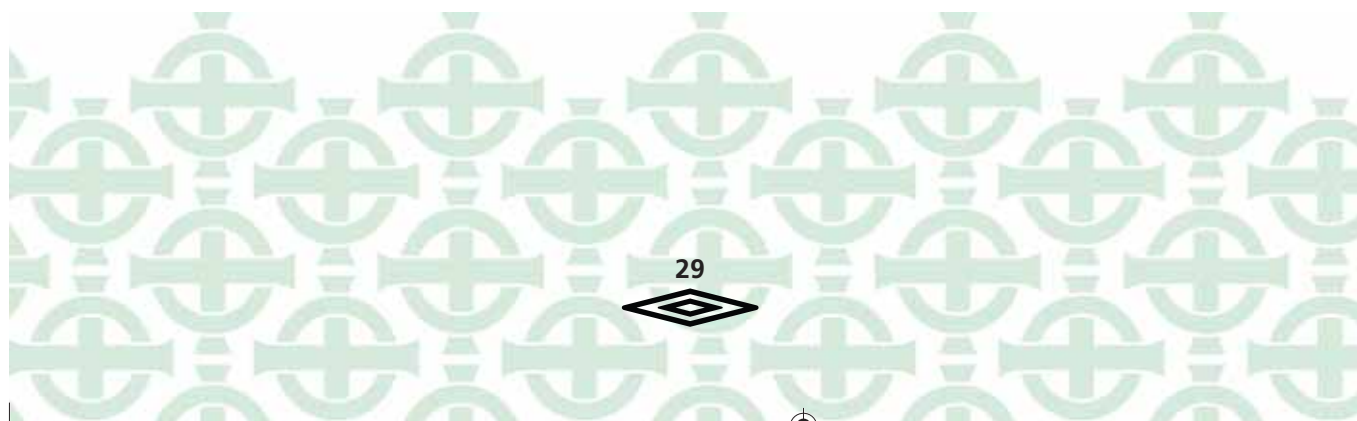
Mary Wilmont
Irish FA
Adelaide Business Park
Apollo Road
Belfast BT12 6HP

Tel: 028 9068 4722
Fax: 028 9066 0416
Email: mwilmont@irishfa.com

On completion and return of this form, you will be added to the new coaching database at IFA Headquarters and given a registration number.

Thank you for your co-operation.

Please turn page >>>>



IRISH FOOTBALL ASSOCIATION

Adelaide Business Park, Apollo Road, Belfast BT12 6HP

T: 028 9068 4722 Fax: 028 9066 0416 Email: mwilmont@irishfa.com

COACHING QUALIFICATIONS - IFA DATABASE

FULL NAME
(Mr/Mrs/Miss)

MALE **FEMALE**

ADDRESS

 POSTCODE

DATE OF BIRTH

TELEPHONE NO: **(Business)**
(Home)
(Mobile)
(Email)

OCCUPATION

Yes, I would like the IFA to contact me via email with news about the website and the IFA

Yes, I would like to receive information from IFA selected third parties

Please complete the following details as accurately as possible:

QUALIFICATION	DATE COMPLETED	COURSE VENUE
IFA Mini-Soccer Leader's Award		
IFA Junior Team Manager's Award		
IFA Teacher's Award		
IFA Coaching Disabled Footballer's Award Level 1		
IFA Coaching Disabled Footballer's Award Level 2		
IFA Goalkeeping Certificate		
IFA Goalkeeping Licence		
IFA Grassroots Introductory Award		
IFA Level 1		
IFA 'C' Certificate		
IFA/UEFA 'B' Licence		
IFA/UEFA 'A' Licence		
IFA/UEFA Pro Licence		

Contacts

IFA/UEFA Pro and 'A' Licence

Nigel Best

IFA Performance Manager
Tel: 028 9068 4723
Email: nbest@irishfa.com

IFA 'C' Certificate and UEFA 'B' Licence

Alfie Wylie

IFA Womens International Manager
Tel: 028 9068 4715
Email: awylie@irishfa.com

IFA Grassroots Introductory Award

Lee Carroll

IFA Grassroots Manager
Tel: 028 9068 4720
Email: lcarroll@irishfa.com

IFA Level 1 Award

Ian Stewart

IFA Grassroots Development Manager
Tel: 028 9068 4718
Email: istewart@irishfa.com

IFA Goalkeeping Courses

Mary Wilmont

Head of Course Administration
IFA Coaching Department
Tel: 028 9068 4722
Email: mwilmont@irishfa.com

IFA Disability Football

Alan Crooks

IFA Development Manager – Disability Football
Tel: 028 9066 4714
Email: acrooks@irishfa.com

IFA Youth Certificate

Paul Kee

IFA County Excellence Coach
Tel: 07894 614320
Email: pkee@irishfa.com

Administration

Mary Wilmont

Head of Course Administration
IFA Coaching Department
Tel: 028 9068 4722
Email: mwilmont@irishfa.com

IFA Grassroots Introductory Award & IFA Level 1 Coaching Award

Fiona Adair

Tel: 028 9068 4710
Email: fadair@irishfa.com

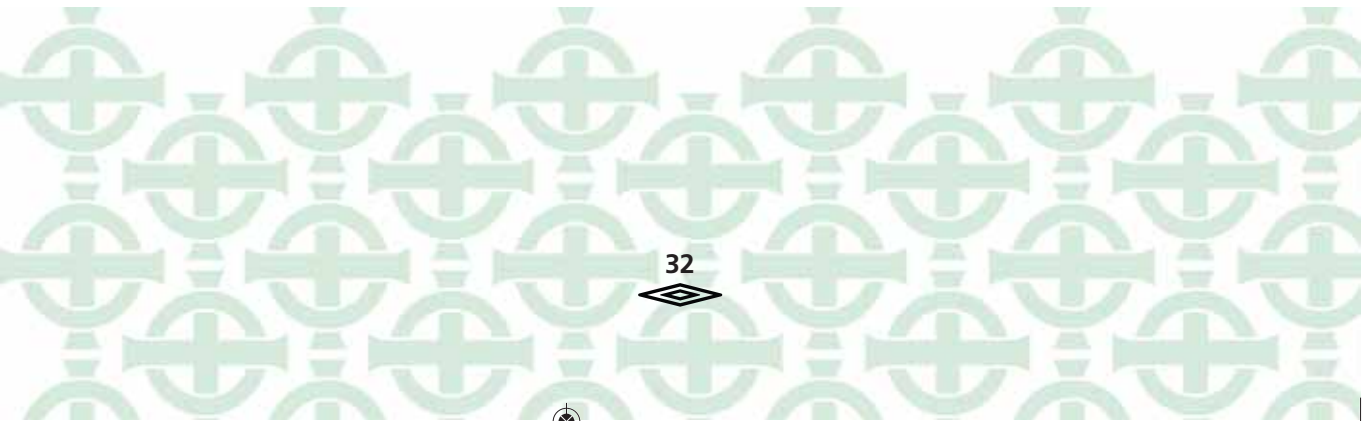
IFA Official Website:

www.irishfa.com





Notes





*Tailored
by Umbro*



Available at all good sports retailers.

umbro.com