

RIVER RUN



Foundation

OBJECTIVE(S)

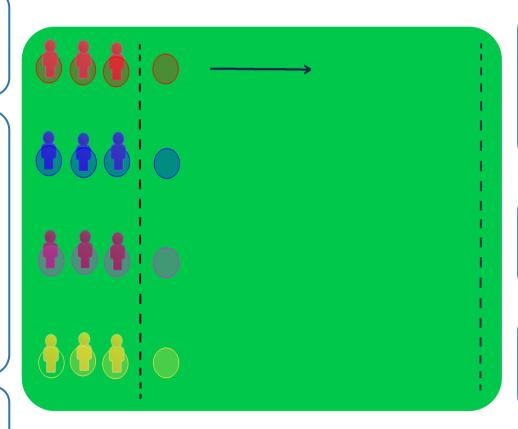
 Pupils must work together to get their team safely across the river.

THE GAME

- o Pupils line up in groups
- The pupils jump forward on to the empty spot in front.
- The pupil at the back must then pass the empty spot at the back forward.
- This process is repeated until one team reaches the other end.
- If a pupil touches the ground, the team must start again.

COACHING POINTS

 Pupils should work as a team. A team leader is a good idea.



HARDER/EASIER

- For added difficulty, obstacles can be added to the floor
- The distance between either end can be lengthened or shortened.

CURRICULUM LINKS

PDMU - working together & problem solving.

FOOTBALL LINKS

- Teamwork and cooperation.
- Tactical awareness





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